



KAIPARA COLLEGE

HEALTH EDUCATION POLICY

RATIONALE

- 1.1 To provide students with a comprehensive and developmental health education that is holistic and balanced.
- 1.2 Health education will be delivered at all levels according to the requirements of the New Zealand Curriculum Framework.
- 1.3 The programme will assist students to develop as whole people in the physical, mental, emotional, spiritual and social dimensions of well-being hauora.
- 1.4 Staff who teach health education will be appropriately trained to teach the specific topics that they are required to cover.
- 1.5 Health education will be delivered through a student-centred approach that enhances each students learning, self-confidence, and ability to make healthy decisions.
- 1.6 Health-promoting policies and practices will support the health curriculum to create a healthy, safe and caring environment.
- 1.7 The school community will be made aware of the contents of health and physical education in the New Zealand Curriculum and that the views of the school community will be recognized in health education programmes in the school.

GUIDELINES

- 2.1 A teacher responsible for health education will be appointed and allocated enough time to allow proper management of the health curriculum and its related programmes.
- 2.2 Enough time will be allocated to health education at each year level to provide students with the opportunity to meet the achievement objectives of Health and Physical Education in the New Zealand Curriculum.
- 2.3 A health education programme will be prepared. This will outline how the school will implement the health education components of the health and physical curriculum.
- 2.4 Every two years the board of trustees will undertake consultation with the school community on a draft statement of the health curriculum. As a result of this consultation, the board will adopt a statement on the delivery of the health curriculum.
- 2.5 Each year, parents or caregivers will be informed of the school's health education programme and invited to comment on it.
- 2.6 Staff who are teaching health education will have access to appropriate learning materials and ongoing professional development.
- 2.7 The principal will be consulted about any external agencies that may be used to deliver aspects of the health education programme.

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