

KAIPARA COLLEGE SUPPORT SERVICES DURING COVID-19 PANDEMIC

Below is a list of support services available for our school whanau and wider community.
More information is available through our Kaipara College website www.kaipara.school.nz

Local and emergency Supports for Youth & Families

Kaipara College	School Social Worker	Tracey Roberts	troberts@kaipara.school.nz 02102594535
	Support and Guidance	Student Advisor	Gretchen Shelling
School Nurse			lwild@kaipara.school.nz 0210570902
School Nurse		Louise Wild	rwards@kaipara.school.nz 0211302885
		Robyn Wards	

Please note that Louise and Robyn will be available remotely to provide health and wellbeing assessments to students at Kaipara College 8.30-4.00pm during the school closure period

School based counsellors	Counsellor	Rochelle Brett	rochelle@restorecap.co.nz 0274204556
	Counsellor	Janet McLeod	janetmcleod@xtra.co.nz 0275964586
	Counsellor	Leigh Cummings	leighcummings@yahoo.com 021999948

Sky Youth	Youth Worker	Jeanette Cummings	jeanette.kiatimata@gmail.com 0275160457
Outwest Youth	Youth Workers	Rebecca, Davita & MacKenzie	director@outwestyouth.org.nz 022416859 (Nem – Director)
	Director	Nem Bartley	

Helensville Women Family Centre	Family support and counselling	Nelene de Beer	09 420 7992/0272086804
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Please note –for information on services providing food support – the HWFC is the point of contact over the lockdown period between the hours of 9.30-2.30pm

Kia Timata Ano Trust	Support for those affected by Family Harm	Ana Christmas	Advocate/Executive Director 09 411 9894
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Child and Family Team DHB	Social worker	Jo Chiswell	09420 9450
	Public Health Nurse		jo.chiswell@waitematadhb.govt.nz
		Rachael Perry	racheal.perry@waitematadhb.govt.nz
1737	Free text or call any time for support from a trained counsellor	24 hours/7 days	www.1737.org.nz
The Hub	Counselling and Health Clinics for youth and families	09 836 2329 or text 021824500	www.healthwest.co.nz
24/7 Youthline	For young people parents, whanau and friends	email: talk@youthline.co.nz	0800 376 633 Free txt 234
24/7 Lifeline	For counselling and support	0800 54 33 54 or free txt HELP 4357	info@lifeline.org.nz
Marinoto, Youth Mental Health	Depression, Anxiety Self harm/suicidality		09 822 8666 Crisis Team 09 822 8600
Skylight	For support through trauma, loss and grief		0800299100
The LowDown	Helping young people who are stuck or anxious	team@thelowdown.co.nz www.thelowdown.co.nz	TEXT 5626
Helensville Police	Youth Aid Community Constable	Lou Unkovich	09 420 8967
Kumeu Police	Youth Aid	Melissa Haven Will Flapper	09 412 7756
Netsafe	Keeping safe online		0508638723 or Text 'Netsafe' to 4282