



KAIPARA COLLEGE Community News

July '26



Principal's Kōrero

Kia ora koutou

It has been a long term, with students covering a significant amount of content and completing a heavy workload. As the holidays approach, this is an appropriate time to pause and rest.

Retention does not happen automatically when learning occurs. The brain needs rest to consolidate new information. Without this downtime, retention becomes very difficult, which is why the holidays offer a well-deserved and necessary break.

However, rest alone will not preserve what has been learned this term. Psychologists describe this through the forgetting curve, which shows how quickly newly learned information fades without reinforcement.

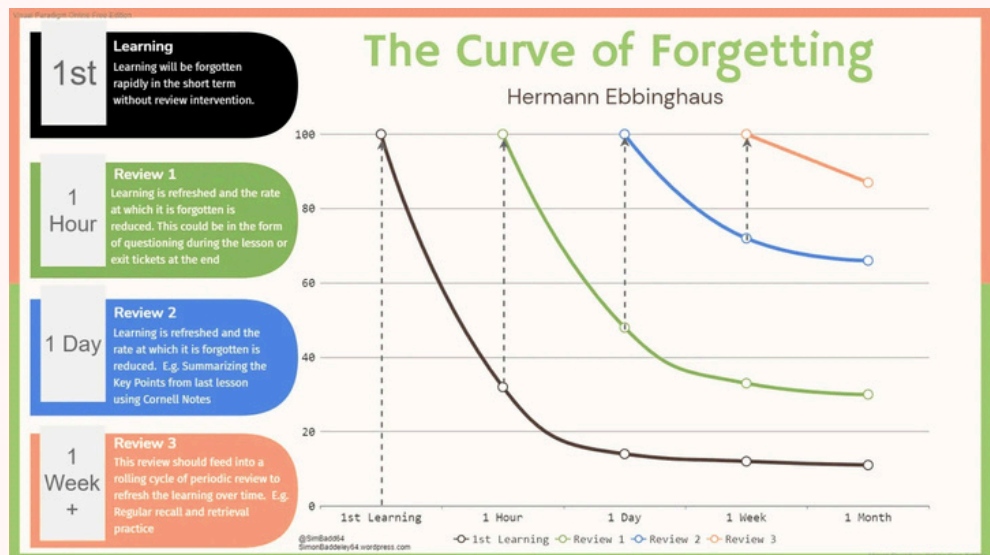


Image from: <https://simonbaddeley64.wordpress.com/2021/06/09/the-curve-of-forgetting/>

To keep learning intact over the break, students should build in small, well-spaced sessions of retrieval practice. This might include reviewing notes, making flashcards, or asking a family member to test them on key content. This kind of regular, low-effort recall strengthens long-term memory, so when assessments and exams come

around, the information is far easier to bring to mind. Exams might seem like something that is far away in the future, but small bits of work add up.

Ngā mihi nui

Jane Coup





KAIPARA COLLEGE Community News

July '26

attendance tips

THE SECRET TO A SMOOTH MORNING? IT STARTS THE NIGHT BEFORE

By helping our teens build a few simple evening habits, we can transform their mornings from a chaotic race against the clock into a calm, focused start to the day. Here are three high-impact routines to try:

Prepping the Night before

- **A packed bag** - Packing their lunch for the fridge and bag the night before with everything they need (including a fully charged device) saves time and mental energy in the morning.
- **Pre-stage the uniform** - Having the uniform all laid out eliminates last minute stress over missing items
- **Check the calendar** - A quick glance at the next day's schedule avoids morning surprises like, "Oh, I have sports practice today and I don't have any clean shorts!"

Disconnecting for Better Sleep

- **The 60-Minute Rule** - Aim for a "digital sunset" where all screens are turned off at least an hour before lights out.
- **Set Up a Charging Station** - Charge devices outside the bedroom (like the kitchen or living room). If the phone isn't within arm's reach, the temptation to scroll at 1:00 AM completely vanishes.

Guarding Morning Focus

- **Delay the First Scroll** - Establish a household routine where phones stay put until breakfast is eaten and your teen is fully ready to walk out the door.
- **Use traditional Alarm Clocks** - Using an old-school alarm clock instead of a smartphone prevents the immediate urge to check notifications the second they wake up.

HOW TO CHECK YOUR STUDENT'S ATTENDANCE

DAILY - Schoolbridge App

Please click on this link for instructions on how to access the timetable & attendance screen in the schoolbridge app.

Overall attendance percentage

Fortnightly Report
Period Ending 20/03/2026

Overall Attendance Percentage **92%**

Name	Teacher	Yr
If you have any questions regarding your student's fortnightly report please contact their Whānau teacher in the first instance.		
All Subjects		
School Value	3.6	3.4
Academic Progress	3.4	3.4
1 English		
Teacher name	3	3
Teacher name	4	4
Teacher name	3	3
Physical Education		
School Value	4.0	4.0
Academic Progress	4	4
Teacher name	4	4

2026 Attendance Summary

At our school, we have an Attendance Management Plan which includes the Staged Attendance Response (STAR) framework set out by the Ministry of Education. The STAR framework is:

- Green - Good. Absent from school for less than 4.5 days in a term.
- Yellow - Worrying. Absent from school for 5 - 9.5 days in a term.
- Orange - Concerning. Absent from school for 10 - 14.5 days in a term.
- Red - Serious Concern. Absent from school for 15 or more days in a term.

This page summarises recent attendance for each term this year.

Attendance This Year	Term 1	Term 2	Term 3	Term 4	Total
Half Days Open	0	0	0	0	0
Present	77 half days	77 half days	77 half days	77 half days	308 half days
Late Occurrences	0	0	0	0	0
Attendance Rate	92%	92%	92%	92%	92%

Attendance rate this year: 92% present.

Attendance Rate	Term 1	Term 2	Term 3	Term 4	Total
Green	2	0	0	0	2
Yellow	0	0	0	0	0
Orange	0	0	0	0	0
Red	0	0	0	0	0

A justified absence is where a student is not at school, and the explanation given is justifiable according to the school's policy. Examples include Illness, bereavement, or a medical reason.

An unjustified absence is where a student is not at school, and the explanation given is not justifiable according to school policy. Examples include the student ending to stay away from school, and going on holiday during term time.

Any absence where no explanation is given is treated as an unjustified absence. For any particular queries, please contact your student's Whānau teacher or Kaharoa Green.

TERMLY - progress reports
See p2 of T1 report sent 2 April

FORTNIGHTLY -
fortnightly reports



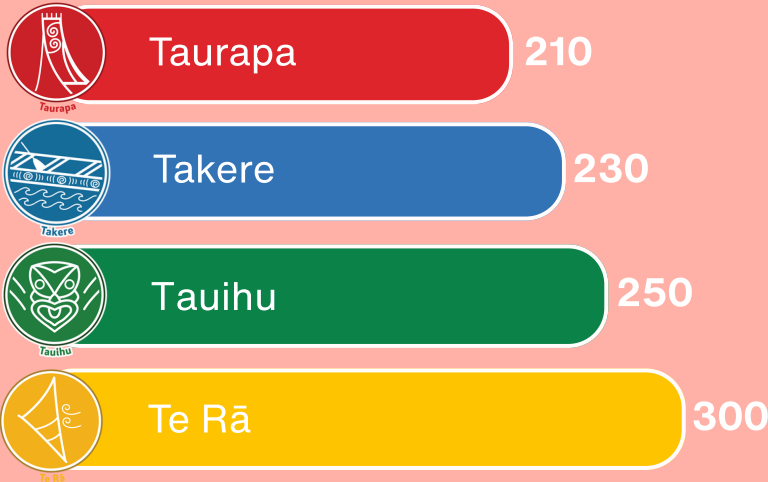
KAIPARA COLLEGE Community News

Kapa Haka Nationals

Congratulations to our Kapa Haka rōpū who earned the right to perform on the national stage in Tauranga this week. We have witnessed the hours of work and dedication shown by our Māori Faculty staff and our students - the lead up has been intense as you have given it your all! A huge thank you not only to our awesome team, but also our Kapa Haka whānau and everyone who supported our team to get to Tauranga through fundraising initiatives. We couldn't have done this without you!



Current Tira (house) Points



HEEADSSS Assessments

As part of the free & confidential health services offered at Kaipara College, new students (including all Year 9s) receive a HEEADSSS assessment. This is a confidential discussion covering various areas of student health to identify their strengths and see where extra support might be helpful.

If you have any questions or wish to opt out, please contact us at 09 420 8640 or email nurse@kaipara.school.nz.



[Click here for more info about the HEEADSSS assessment](#)

CLICK HERE FOR MORE FREE ACTIVITIES AND EVENTS OFFERED BY RODNEY DISTRICT COUNCIL OVER THE JULY SCHOOL HOLIDAYS.

FREE MORNING TEA



School Uniforms Connection & Cake!

Thursday
10.30am - 12.00pm
16 JULY 2026

St Matthews Church Lounge

60 Garfield Rd, Helensville
(Parking to the side & behind the church)

Come & enjoy kai & a hot drink, donate your unwanted school uniform items or pick-up pre-loved essentials for the next school term.

- Local school uniforms available for a koha or free to those in need
- Activities for kids while you browse
- Meet other locals, & the faces behind the racks of 'Our Village'
- Share on the 'Community Wall'

PROUDLY SUPPORTED BY:



Helping local whānau one school uniform at a time



Uniforms & Morning Tea

www.rodneycommunity.org.nz



Kaitiakitanga Request

Please show **kaitiakitanga** for the environment around our school & **aroha** for our lovely neighbours by taking your rubbish home and not littering on the roads around the school.

KAITIAKITANGA - OUR PLACE

If you have unresolved concerns and would like to be in touch with us at Kaipara College, here are the concerns and complaints [process](#) and [policy](#). If you have any queries about the complaints process, please email principal@kaipara.school.nz



KAIPARA COLLEGE Community News

July '26

Thank you to everyone who came out on Tuesday evening to learn more about our school. We thoroughly enjoyed chatting to you all and meeting your children. A big thank you also to all of our student ambassadors and their parents who let us borrow their children for the evening, and came out in the cold to pick them up once the evening was over! We hope you all enjoyed it as much as we did!



SOCIAL SCIENCE BLOCK



FOOD TECHNOLOGY



ENGLISH BLOCK

Thank you for joining us!



Year 12 & 10 Horticulture Planting days!!
Year 10 had a planting trip to Rautauwhiri park
Year 12 had a planting trip for their internal assessments at Bradly Farm

Open Evening 2026

Last Day of Term 2
Fri 3 July

School Ball
Sat 4 July

Matariki (during School Holidays)
Fri 10 July

First Day of Term 3
Mon 20 July

Equestrian Team Bake Sale
Fri 24 July

Tira Chess Competition
Tue 4 - Fri 7 Aug

Mathex
Tue 18 Aug

Loves Me Not - Y12 (Healthy Relationships)
Tue 18 Aug

Winter Tournament Week/UNISS
Mon 31 Aug - Fri 4 Sep

Practice Exams Week (Snrs)
Mon 7 - Fri 11 Sep

CAA EXAMS WEEK - Event 2
Mon 14 - Thu 17 Sep

Kaipara Festival - School Hall
Sat 19 Sep

T3 Impt. Dates



KAIPARA COLLEGE Community News

July '26



Market Day 2026

Thank you for coming and supporting us at the Market Day 2026!
The students showcased all their amazing products which they put so much hard work to make this day happen!
The teacher with the most votes for pie in the face was Takeere Dean Ms Garlick!!

Friday Lunchtime Maths Extension

We don't do maths because it's useful. We don't do maths for the credits. We do maths because it's fun!
If you love maths, come and join Mr Yamamoto's lunchtime extension sessions 😊



Baskerville

Huge congratulations to our drama team for their amazing performances!
A massive thank you to everyone who came out to support them, with a special shoutout to Parakai School for joining us at the opening matinee.
Finally, a big thank you to Sara Dean for her incredible work helping to organise this event!

